

# A GUIDE TO HOME CARE

Anyone can receive services at home. Carinity Home Care works with you to deliver a tailored solution and personalised budget to meet your quality of life and wellness goals.

There are a number of funding options and, depending on your eligibility, you may be able to access subsidised care from the Australian Government.



## SUBSIDISED HOME CARE

1. Contact My Aged Care on 1800 200 422, or visit [myagedcare.gov.au](http://myagedcare.gov.au).
2. Initial phone interview with a My Aged Care representative.
3. Referral to an assessment team – either a Comprehensive Assessment with an Aged Care Assessment Team (ACAT) for a Home Care Package, or an entry-level care assessment for Home Support with the Regional Assessment Service.
4. Assessment is in person to understand your support needs and eligibility for subsidies, determining your budget and any contribution you will need to make.
5. Nominate **Carinity Home Care** as your preferred service provider.
6. Carinity's local Lifestyle Coordinator visits you at home to develop an individualised plan and budget. Your services then starts from an agreed date.

## PRIVATE HOME CARE

If you're not eligible for Government subsidised care, or they don't fully meet your needs, then private care may be the option for you.

Private care might also be the best solution in an emergency or if you need short-term or interim support while waiting for a Government assessment or referral to subsidised services.

You can also "top up" your existing Government subsidised care with extra services if your Home Care package doesn't meet all your needs.

If you are thinking of private home care, let us know. We'll arrange for a local Lifestyle Coordinator to visit you at home to discuss your needs and develop an individualised care plan and budget.

If you are at the stage of life where you require a little extra help, but wish to continue living at home, talk to us now on **1300 109 109** or send us an email [homecare@carinity.org.au](mailto:homecare@carinity.org.au).

Call 1300 109 109 or visit [CarinityHomeCare.org.au](http://CarinityHomeCare.org.au)

An outreach of  Queensland Baptists

